Herfstcriterium 2026: Session: 3: Startlist per athlete for TEAM: ZGEEL

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Loos Kim HEADCOACH

Coaches: Dillen Toon

Coaches: Vereecken Sven

PB => Personal Best time

Athlete: AGTEN VALERIO ÁLVARO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY MEN 13+	14	9	4	01:14.80	no time	09:55 01:15
200M BACKSTROKE MEN 13+	17	7	2	02:38.93	02:45.84	11:10

Athlete: BOECKX LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE WOMEN 11-12	18	3	6	01:25.29	01:27.91	11:25

Athlete: COOLS YELENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	17	3	01:25.14	01:29.77	09:35 01:00
50M BUTTERFLY WOMEN 13+	16	13	3	00:35.76	00:36.60	10:35

Athlete: CORNELIS KAAT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 13+	16	20	7	00:32.06	00:33.19	10:40

Athlete: DE FEYTER LUCAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11-12	15	7	5	00:41.60	00:41.61	10:15 01:55
100M BREASTSTROKE MEN 11-12	19	11	3	01:33.10	01:40.40	12:10

Athlete: DJONOU IMBA ITZANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	10	4	01:32.63	01:35.49	09:20

Athlete: HUFKENS ELINA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	10	6	01:32.78	01:35.16	09:20 01:15
50M BUTTERFLY WOMEN 13+	16	13	7	00:35.70	00:37.00	10:35

Athlete: LIEVENS RUBE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BACKSTROKE MEN 13+	17	3	1	02:58.58	03:01.99	10:50

Herfstcriterium 2026: Session: 3: Startlist per athlete for TEAM: ZGEEL

Athlete: NEYRINCK RUBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY MEN 13+	14	5	8	01:22.01	no time	09:50 01:10
200M BACKSTROKE MEN 13+	17	5	6	02:46.45	02:54.49	11:00

Athlete: NIEUWENHUIS ISAAC

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11-12	15	1	7	01:12.09	no time	10:05 01:40
100M BREASTSTROKE MEN 11-12	19	1	2	02:07.03	02:07.43	11:45

Athlete: NIEUWENHUIS ZOë

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	9	7	01:33.79	01:36.08	09:20 01:05
50M BUTTERFLY WOMEN 13+	16	6	8	00:40.51	00:44.36	10:25

Athlete: POELS NOMI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	14	3	01:28.51	01:33.57	09:30 01:10
50M BUTTERFLY WOMEN 13+	16	17	4	00:33.64	00:34.85	10:40

Athlete: SCHEPERS LENTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE WOMEN 11-12	18	6	7	01:20.83	01:26.30	11:30

Athlete: SEGERS EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	4	8	01:43.75	01:46.45	09:05 01:15
50M BUTTERFLY WOMEN 13+	16	2	8	00:46.41	no time	10:20

Athlete: VALKENBORGHS YANNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 13+	13	4	2	01:42.19	01:45.75	09:05 01:30
50M BUTTERFLY WOMEN 13+	16	13	8	00:36.07	00:36.78	10:35

Athlete: VAN ASTEN RENéE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 13+	16	7	5	00:38.37	00:39.74	10:30

Athlete: VAN DE WEYER FOUKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE WOMEN 11-12	18	3	3	01:24.44	01:31.05	11:25

Herfstcriterium 2026: Session: 3: Startlist per athlete for TEAM: ZGEEL

Athlete: VAN MEER RUNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11-12	15	6	5	00:42.45	00:46.14	10:15 01:40
100M BREASTSTROKE MEN 11-12	19	4	1	01:49.58	01:58.00	11:55

Athlete: VEREECKEN WANTER FELINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE WOMEN 11-12	18	10	1	01:17.15	01:21.04	11:35

Athlete: WOUTERS DORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 13+	16	9	3	00:37.44	00:37.44	10:30